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TIDBITS® EATS DANGEROUS DINNERS by Janet Spencer

Come along with Tidbits as we nibble some of the world's most questionable foods!

CASSAVA

- Cassava, also called manioc, is a tropical plant whose starchy tuberous root is similar to the yam. It's the source of tapioca. It's the third most important source of calories for people in the tropics, after rice and corn.
- Cassava is edible, but there's a catch: the root tubers contain a substance called linamarin that triggers the production of cyanide within the body after being ingested due to its interaction with bacteria in the gut. There are two types of cassava: sweet cassava, and bitter cassava. Sweet cassava contains only a small amount of linamarin whereas bitter cassava contains almost ten times more.
- Sweet cassava is safe to eat after being boiled, which destroys the linamarin. But bitter cassava must go through a long process of peeling, grating, drying, soaking in water, fermenting, boiling, rinsing, and cooling before it is safe.
- Depending upon the amount eaten, ingesting linamarin causes rapid respiration, a drop in blood pressure, rapid pulse, dizziness, headache, stomach pain, vomiting, diarrhea, mental confusion, twitching, convulsions, and sometimes death.

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READ ALL ABOUT IT!

Tidbits is BACK and people are excited!

Team Tidbits®



**Moments
in time**
THE HISTORY CHANNEL

* On May 6, 1527, the Renaissance ended with the Sack of Rome by German troops as part of an ongoing conflict between the Habsburg Empire and the French Monarchy. German troops killed over 4,000 Romans, imprisoned the pope, and looted works of art and libraries. An entire year passed before order was restored.

* On May 1, 1830, Irish-born American labor leader Mary "Mother" Jones was born in County Cork, Ireland. After losing her husband and four children in the yellow fever epidemic of 1867 and all her belongings in the Chicago Fire of 1871, she devoted herself to organizing and advancing the cause of labor, delivering her last speech on her 100th birthday.

* On May 5, 1865, Decoration Day was first observed in the U.S., with the tradition of decorating Civil War soldiers' graves with flowers. Later the date was moved to May 30 and included American graves from the first and second World Wars, eventually becoming better known as Memorial Day.

* On May 3, 1939, The Andrews Sisters recorded "Beer Barrel Polka," aka "Roll Out the Barrel." The song became a popular standard during World War II and later the signature tune of flamboyant singer/pianist Liberace.

* On May 4, 1987, the U.S. House and Senate Committee began three months of hearings into the Iran-Contra affair, which involved the secret sale of American arms to Iran with some of the proceeds going to Contra rebels seeking to overthrow the Nicaraguan government.

* On May 7, 2001, Ronnie Biggs, one of the "Great Train Robbers" who managed to elude capture and settled in Brazil following his prison escape on July 8, 1965, returned voluntarily to Britain, where he was jailed to complete the remaining 28 years of his sentence. He was released in 2009, two days before his 80th birthday, on "compassionate grounds" and died four years later in a nursing home.

* On May 2, 2011, U.S. Special Operations Forces killed Osama bin Laden during a raid on his secret compound in Abbottabad, Pakistan, ending a 10-year manhunt for the leader of the al-Qaida terrorist organization and coordinator of the attacks on the World Trade Center in 2001.

FEAR KNIGHT
By: rj Johnson
DOUBT? ... OR DARE!

▼ EDIPRO
UPTER
▼ ASER
▼ DERAGE
▼ ARP
▼ RCEU
▼ DOLEG
GEG
ASORRT
ESIPO
EPL

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (▼) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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GRIN and BEAR IT

"Who do you think I'm talking to, MYSELF?"

FUGU

- Pufferfish is perfectly safe to eat, if only you avoid the poisonous parts: the eyes, ovaries, intestines, liver, blood, and the spikes in the skin. The problem is that if the toxic parts have even the slightest contact with the flesh of the fish, such as when a knife slices through, just that much of the poison can kill a person.
- The poison is called tetrodotoxin. It's 1,200 times more potent than cyanide. It is so potent that a lethal dose is smaller than the head of a pin, and a single fish has enough poison to kill 30 people.
- Pufferfish ingest bacteria that produce this toxin, but the fish are immune to it. The toxin concentrates in specific organs, but the muscle of the fish is perfectly safe.
- The dish is called fugu, which is the Japanese word meaning "to blow" referring to the ability of the pufferfish to expand in size by ingesting sea water, blowing up like a balloon when threatened.
- Professional chefs must undergo a three-year program of training to be allowed to prepare and serve fugu in restaurants. Because it's so labor-intensive, a single dish of fugu might cost up to \$200.
- Most of the deaths due to fugu poisoning come from untrained people trying to prepare it at home. The poison is a powerful neurotoxin which paralyzes the muscles while the victim remains entirely conscious. Eventually the victim is unable to breathe and dies of asphyxiation. There is no anecdote. However, people have survived by being placed on life support systems until the poison wears off. About 50 people per year suffer from fugu poisoning, and an average of 7% of them die.
- Recently, fish farmers have begun raising poison-free fugu by keeping the fish in tanks that are free from the toxic bacteria. (cont)

HAKARL

- The bodies of animals living underwater are subjected to great amounts of pressure from the weight of the water. This pressure distorts protein molecules, which would normally kill the animal. Sea creatures evolved to create a defense mechanism, called trimethylamine oxide, or TMAO. TMAO is a chemical compound that acts as a pressure-resistant protein stabilizer. It allows protein molecules to retain their flexibility, letting ocean creatures live at great depths. Fish, mollusks, and crustaceans all contain it in their tissues. The deeper the animal lives, the greater the amount of it they have. When fish die and decay, it's the TMAO that causes the odor of rotten fish.
- Greenland sharks live at great depths. Their lifespan can top 500 years. Their bodies are packed with high levels of TMAO.
- TMAO is poisonous to humans. Small amounts of TMAO such as what's in crab or scallops or cod don't affect humans that eat these animals. But large amounts, such as what's found in Greenland sharks, can cause extreme intoxication, intestinal distress, neurological effects, and can sometimes lead to death.
- Then, too, consider the fact that Greenland sharks don't have a urinary tract, so waste and toxins are filtered through their skin and flesh. For the shark, this mixture of compounds acts as a natural antifreeze that protects it from the frigid arctic waters. But it does tend to give their meat a very strong odor and a very peculiar taste.
- Does any of this prevent people from eating Greenland shark? Heck no! Trimethylamine oxide can be neutralized by leaving the fish to rot. This is an art the Vikings perfected, in a dish called hákarl, from the old Norse word meaning "shark." Hákarl is basically fermented shark meat. (cont)

TIDBITS®

*Tidbits is back
under new ownership!*

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**THE ALABAMA
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Team Tidbits®



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■ When packing cookies in a single layer, I trace the shape of my container on parchment paper using the lid as a template. It's pretty easy, and it fits exactly.

■ Keep a small wastepaper basket or shredder near your entrance if possible. You can get rid of paper items you don't need (think, junk mail) before it even makes it into the house. This is especially important if you tend to let things pile up, like I do! -- R.F. in Louisiana

■ For scratch paper, I use the back side of my kids' extra art pages. We choose the best to display, then they chop up the rest into small booklets, which they staple at the top. And we have notepads! -- M.L. in Iowa

■ Keep a map or globe in your family or TV room. This way, when a place is mentioned on the news or in another program, you can find it on the map. This is a great thing to do with kids, but it's handy and worthwhile for anyone. -- via email

■ If you have a very stinky trash can, scrub it with a paste made from baking soda and just a bit of water. It works as a mild abrasive. Then fill a spray bottle with plain white vinegar and spray. It should foam for a moment. Let it sit for about 10 minutes, then rinse well with hot water. Clean and deodorized!

■ We have large buckets that store random toys on our back porch. It seems that whenever we'd touch the buckets to get a toy, a horde of mosquitoes would erupt. There's no water, so we didn't know what to do. And we didn't want to douse it with chemicals, as it's filled with kid stuff. A neighbor suggested we put a few dryer sheets in each one, and they really have worked. I guess the bugs don't like the smell! -- W.S. in Florida

FERMENTED SHARK (cont)

- Here's the recipe for hákarl: bury the shark meat under sand and gravel, with stones on top to press the fluids out. Leave it for six to 12 weeks, depending on the season. Next, hang the meat to dry for several months. Prior to serving, scrape the crust from the flesh, then cut into bite-size chunks and serve on a toothpick. Hold your nose while swallowing in order to avoid the strong odor of ammonia. Keep in mind that if the shark meat has been improperly prepared, your dinner guests will need a quick trip to the hospital to recover from the experience.
- Noted chef Anthony Bourdain famously said that hákarl was "the single worst, most disgusting and terrible tasting thing" that he had ever eaten.
- It's officially the national dish of Iceland, and Greenlanders enjoy it as well.

BAD FOOD FACTS

- The following are the most dangerous foods in terms of passing on foodborne illnesses: Raw or undercooked meat and poultry; raw or lightly cooked eggs; unpasteurized milk, cheese, and other dairy products; seafood and raw shellfish; unwashed fruits and vegetables; raw flour; and sprouts, such as alfalfa and mung bean.
- What is the deadliest food poisoning? Salmonella. About 1 million people are sickened by salmonella in the U.S. each year and around 380 of them die from the infection. Children are at the highest risk for salmonella infection. Kids younger than 5 have higher rates of salmonella infection than any other age group.
- The most common food allergies are: milk; eggs; seafood; tree nuts; peanuts; wheat / gluten; soy. These account for about 90% of all food allergies.



1. Is the book of Philippians (KJV) in the Old or New Testament or neither?
2. From Mark 8, Jesus healed a blind man by putting what onto his eyes? Sand, Wind, Blood, Spit
3. What elderly cousin of Mary was the mother of John the Baptist? Jael, Rahab, Sarah, Elisabeth
4. In Hebrews 13:17, how should Christians act toward elders? Respectfully, In submission, Cheerfully, Timidly
5. What book of the Bible foretold the virgin birth? Joel, Isaiah, Jonah, Malachi
6. Who was Shamgar the son of? Ehud, Samson, Anath, Tola



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Reading Tidbits is Habit Forming!

Weekly SUDOKU

by Linda Thistle

		9		4				3
	5				8			6
4			3				1	
	1			8			3	
6			5					4
		5			9		6	
1			6		4			8
		8		9				7
	2				7	5		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	x		-					15
-		+		-				
	x		+					15
x		+		x				
	x		+					13
16		13						30

DIFFICULTY: ★★
★ Moderate ★★ Difficult
★★★ GO FIGURE!

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Tidbits® Says..

SHOP



By Chris Richcreek

- 1 What Baseball Hall of Famer claims to have consumed 107 beers in a single day while flying with his team on a cross-country road trip?
- 2 Former heavyweight boxing champion James Smith, who fought professionally from 1981-99, was better known by what nickname?
- 3 What Pro Football Hall of Famer was head coach of the Super Bowl III champion New York Jets?
- 4 What city in the former nation of Yugoslavia hosted the 1984 Winter Olympic Games?
- 5 According to Major League Baseball rules instituted for the 2023 season, how many seconds is a pitcher allowed between pitches when there is one or more runners on base?
- 6 What golfer won the 1977 PGA Championship and finished third at The Masters three times (1990, 1991, 1993)?
- 7 Interlagos is the unofficial name of an auto racing circuit located in what South American city?

TIDBITS QUOTE

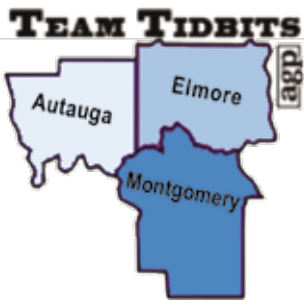
"The food you eat can be either the safest and most powerful form of medicine, or the slowest form of poison."

-Ann Wigmore

TIDBITS presents Quiz Bits

1. This is the #1 dangerous food resulting in knife wounds in the kitchen.
2. This is the #2 dangerous food resulting in knife wounds in the kitchen.

Team Tidbits® Puzzle Page



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King Crossword

- ACROSS**
- 1 Burden
 - 5 "Terrif!"
 - 8 Confront
 - 12 Guesser's words
 - 13 Rushmore face
 - 14 Big-screen format
 - 15 Banner
 - 16 Actuality
 - 18 Prepare for printing
 - 20 Staffers
 - 21 Small batteries
 - 22 "Today" rival, briefly
 - 23 Bizarre
 - 26 "The West Wing" actor
 - 30 Altar constellation
 - 31 Group of whales
 - 32 Pledge
 - 33 Was behind schedule
 - 36 "Thank Me Later" rapper
 - 38 — tear (raging)
- DOWN**
- 1 Barn storage area
 - 2 Paris airport
 - 3 Now, on a memo
 - 4 Ersatz book-mark
 - 5 Taxi costs
 - 6 Help a crook
 - 7 Arthur of "Maude"
 - 8 Re offspring
 - 9 During
 - 10 Sidewalk eat-ery
 - 11 Former mates
 - 17 Mary's follower
 - 19 Melancholy
 - 22 Deity
 - 23 Series of battles
 - 24 Historic period
 - 25 007 creator
 - 26 Caviar base
 - 27 Lab eggs
 - 28 Stir-fry pan
 - 29 Lamb's dam
 - 31 School support org.
 - 34 Did nothing
 - 35 Con
 - 36 Medico
 - 37 Bout segments
 - 39 Very beginning
 - 40 Jocular
 - 41 Ship wood
 - 42 Between jobs
 - 43 Actress
 - 44 Cannes milk
 - 45 "Downton Abbey" role
 - 46 Cheer (for)
 - 48 Joke

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
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18				19					20			
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			38					39				
40	41	42				43				44	45	46
47					48				49			
50					51				52			
53					54				55			

LOOK!
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Enjoy Tidbits® with a Friend!

Holidays & Observances This Week

- 5/7 World Laughter Day
- 5/8 V.E. Day
- 5/9 National Golf Day
- 5/10 World Lupus Day
- 5/11 National Children's Mental Health Awareness Day
- 5/12 Military Spouse Appreciation Day
- 5/13 National Windmill Day

The Alabama **Gazette**

READ ALL ABOUT IT!

TIDBITS presents **TRIVIA NEWSFRONT**

- This food is the #1 danger for choking hazards in children, resulting in 17% of asphyxiations.
- This food is most often the culprit for food poisoning outbreaks.
- What is the most common food-borne illness?
- Which kills more people: pathogens in food, or food allergies?
- What percentage of Americans become sick due to food each year?

Team Tidbits® Diapers to Dentures

SENIOR NEWS LINE

by Matilda Charles

Is AARP Membership Worth Having?

I remember feeling uneasy when the first AARP envelope showed up in my mailbox. It was one thing to quietly hit the Big Five-O, and it was another thing to realize that I was then eligible for membership in a group for seniors.

It took a little while, but I did sign up. Over the years I've stayed. The benefits are worth it. Here are a few:

I get a discount on my cellphone plan for having an AARP membership.

The list of benefits and discounts keeps growing, many of them local. Rental cars and travel, insurance of all kinds, flowers and groceries, transmissions and tires, paint ... and pizza.

There's the Smart Driver online safety course that, once you pass it, could save you money on your auto insurance.

The monthly newspaper, the AARP Bulletin, is worth reading for the information it contains: money, investing, senior news and events in my state, government affairs, Social Security and health. Then there's the bi-monthly AARP magazine, with a wide variety of articles, from dieting and money management to tests that predict cancer, places to retire and much more. The two publications are worth the \$16 price of membership by themselves because of the information they present.

AARP has an app now with good instructions on how to install it.

If you sign up for AARP membership (the first year is reduced to \$12), it will likely take a few months for your publications to start up. If you change your address, the same thing might happen, depending on where in the publishing cycle your change occurs. If you suspect something has gone astray, call them at 888-687-2277. Meanwhile, you can read both of them online at the AARP website: aarp.org.

What interests me the most today is the 25% off discount on a first order from Silver Cuisine by bistroMD, especially the low sodium meals.

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1. Which group released "Where Were You When I Needed You"?
2. Who was Mr. Bojangles in the song by Jerry Jeff Walker?
3. Name the Bangles song that appeared in the 1987 film "Less Than Zero."
4. Which artist wrote and released "She Bop"?
5. Name the song that contains these lyrics: "When you're all alone in your lonely room, And there's nothing but the smell of her perfume."



Amber Waves

by Dave T. Phipps



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

- Allow **TIMPER** [] [] [] [] [] []
- Amend **LATER** [] [] [] [] [] []
- Evade **PEACES** [] [] [] [] [] []
- Close **MALTSO** [] [] [] [] [] []

TODAY'S WORD [] [] [] [] [] []

CryptoQuote

AXYDLBAAXR
 is **LONGFELLOW**

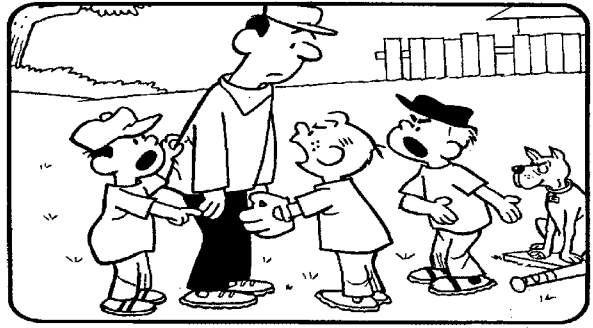
One letter stands for another. In this sample, **A** is used for the three L's, **X** for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

BJ HVG TLDUHH UVVP MUVRLUH,
 ZVRI VSLTQBNFI RGMMLRRLR I
 VVP D UVQN IBZL.
 — RILSL YVOR

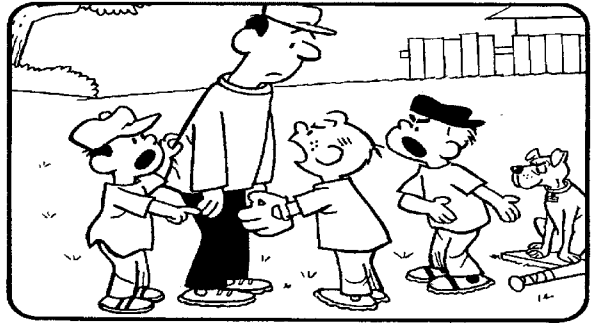
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HOCUS-FOCUS

BY HENRY BOLTINOFF

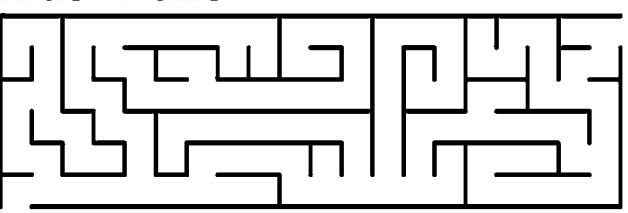


Find at least six differences in details between panels.



Differences: 1. Shrubbery is shorter. 2. Shirt is shorter. 3. Collar is different. 4. Fence is shorter. 5. Cap is shorter. 6. Ears are different.

Kids' Maze



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Strange BUT TRUE

- Seventy-five percent of all sesame seeds grown in Mexico wind up on McDonald's hamburger buns.
- In 1998, a British man faked his own death by leaving his clothes on the beach and hiding to make his wife realize how much she missed him. Unfortunately, the prank backfired, as she divorced him after learning about it.
- Former First Lady Hillary Clinton served on the boards of TCBY and Walmart.
- Earthworms in the northern part of North America are a non-native, invasive species and a major factor in forest deterioration.
- The last duel in Canada wasn't much of a fight at all, being between two men who were so terrified that one fainted and

- the other was seized by horror. As if that weren't enough, their guns were loaded with blanks.
- Michael Bay, producer of "Friday the 13th," walked out of the film's screening because it contained too much sex.
- Ever wonder why garlic is so anathema to vampires? One theory goes that it's an antibiotic, and since vampirism was often thought to be a disease, it was harmful to them. Another holds that it was believed to repel mosquitoes, and since they're both bloodsuckers, vampires would be repelled as well.
- Brazil has the largest Japanese community outside of Japan.
- A city in Sweden uses light therapy in bus stops to combat depression during the winter when 19 hours of the day are darkness.
- Astronomers have discovered a cloud of fiery gas about 3,000,000 light years across that reaches temperatures in the tens of millions of degrees and gobbles entire galaxies as it moves along.

Team Tidbits® Paw's Corner



Paw's Corner

By Samantha Mazzotta

Can Cats Eat Easter Eggs?

DEAR PAW'S CORNER: We were coloring Easter eggs a few days ago, and our cat Jake kept begging underneath the table. Now that we've got lots of leftover boiled eggs, I'm wondering if it would be safe to mix a few into his food? -- Sarah L., Panama City, Florida

Dear Sarah: Because they're hard-boiled, it's completely safe to feed some egg to Jake. Just remember to peel the shell off first!

Eggs are a healthy protein that cats can eat. The American Veterinary Medical Association recommends that they always be cooked. Feeding raw egg to a cat can make it sick due to the potential for bacteria or other pathogens that are on the shell to transfer to the egg.

Whether the cooked egg is boiled, scrambled, poached or microwaved doesn't matter. Don't add seasonings

to the egg, though. Salt, pepper and other spices can upset a cat's small tummy.

If you've never fed eggs to Jake before, only give him a small amount at first. Add a teaspoon to his regular food or to the side of his dish. Monitor his behavior after he eats the egg. If he has an allergy to eggs, he may scratch excessively, act agitated or throw up. If he seems fine, you can give him more next time.

Here's a cool finding about eggs and cats: Researchers at Purina reported in 2019 that coating a cat's food in a special egg powder formulation helped stop people from having an allergic reaction to cats! A protein in cats' saliva is responsible for 95% of cat allergies in people. Not surprisingly, Purina has developed an entire product line of cat food based on this finding, called LiveClear. So, if you suffer from allergies around cats, this might bring some relief.

Just Like Cats & Dogs

by Dave T. Phipps

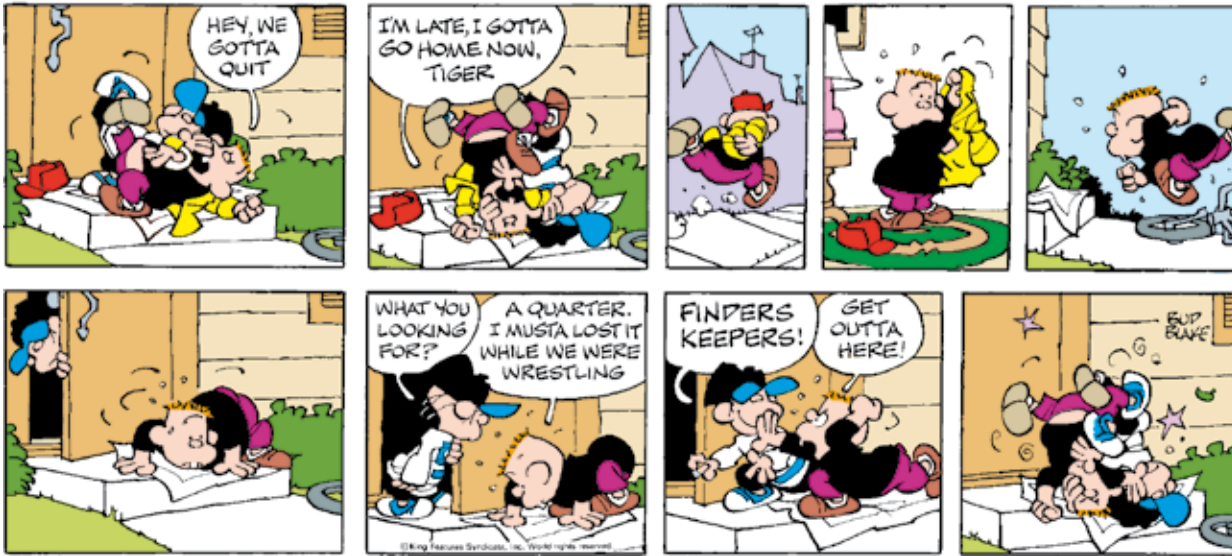


People Worth Remembering JOSEPH MYATT

- Joseph Myatt was born in 1771 in Staffordshire, England. He began working as a gardener as soon as he was old enough to get a job. As the years passed, his skills and knowledge increased, and he moved up into better and better jobs. By the time he was 30, he was head gardener at a large country estate
- In 1810, he moved with his wife and children to take a position as head gardener for an estate called Rosewood Park.
- Around this time, there was a cultural shift in English landscape gardening, which moved away from the formal European-style to a more natural pastoral style. The owner of Rosewood Park indulged in all the latest garden trends. Joseph Myatt gained valuable horticultural experience.
- This was about the time that the middle class was born. Now everyone wanted gardens on their little plots of land, while owners of estates were on the lookout for something new. Joseph Myatt quit his gardening job and went into business growing and selling plants. He was 45 years old when he opened his market garden on the outskirts of London.
- His main income came from raising fruits and vegetables which he sold to the markets of London. His sideline was raising exotic plants. But his expertise was in propagating plants and improving their strains. New and improved varieties of onion, cabbage, and potato still carry his name today. By this time his children were helping run the business.
- He was in his 50s when he started experimenting with rhubarb, after purchasing some rootstock from a botanist who imported it from Russia. At that time it was a rare and exotic plant, considered to be for medicinal purposes only. A powder made from the red stalks of the plant was used as a laxative sold by apothecaries. (cont)

TIGER

by BUD BLAKE



1. **TELEVISION:** Which drama focuses on the inhabitants of Wisteria Lane?
2. **GEOGRAPHY:** The Aswan Dam is located on which river?
3. **LANGUAGE:** What is the only word in the English language that ends in "mt"?
4. **MOVIES:** What is the name of Ryan Reynolds' Alaskan hometown in "The Proposal"?
5. **U.S. CITIES:** How many buildings in New York City have their own ZIP codes, including the Empire State Building?
6. **SCIENCE:** Entomology is the scientific study of what?
7. **CHEMISTRY:** Which natural element is the most unstable?
8. **FOOD & DRINK:** What is the condiment tahini made of?
9. **LITERATURE:** What is the setting for John Kennedy Toole's novel "A Confederacy of Dunces"?
10. **ANATOMY:** How many lobes are in the human brain?

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Unscramble this word:

WACEHS

The raw form of this nut contains urushiol, the same substance in poison ivy

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KOVELS® Antiques & Collecting

By Terry and Kim Kovel

This stick and ball umbrella stand shows that not all Arts and Crafts furniture is plain and dark. It sold for \$300 at a recent Selkirk auction.



Arts and Crafts

Arts and Crafts furniture was in style from the late 19th to the early 20th century. It was very different from the ornate styles of the earlier Victorian era. It had the advantage of new tools and mass production. The Arts and Crafts movement promoted skilled craftsmanship, quality work and simple, sturdy shapes.

Iconic Arts and Crafts and Mission workshops, like Stickley and Roycroft, are known for their simple furniture made in dark oak with little ornamentation. This doesn't mean that every Arts and Crafts piece is a plain, heavy box!

This umbrella stand, which sold for \$300 at a Selkirk auction in St. Louis has a light, intricate look. However, its design uses straight lines and simple geometric shapes. Its ball feet create a sturdy look; and, as an umbrella stand, it was made with use in mind.

Q: I found an old electric toaster from the 1920s at a flea market. I am using it as a decoration in my kitchen. What is the history of toasters?

A: Toasting bread with electricity and not over a fire was made possible in 1905, when American metallurgist Albert L. Marsh developed a nickel-chromium alloy he called "Chromel." It was low in electrical conductivity, infusible and resistant to oxidation, which made it the perfect metal to shape into filament wires and coils for heating elements. In 1908, General Electric patented its own nickel-chromium alloy that contained iron. It was called "calorite." In 1909, GE introduced its D-12 bread toaster, invented by Frank Shailor, which was a commercial success, 19 years before the invention of bread-slicing machines in 1928. Over the next 100 years, toasters were made of metal, wood, porcelain and Bakelite. The value of a vintage toaster depends on its rarity, aesthetics and the design of its electrical and mechanical works. We are amused by a toaster twice as long as others that toasts the bread by sending it through the long toaster instead of popping up.

TIP: Save your broken dishes, vases and other decorative china to make mosaic stepping stones or tabletops for your garden. Chipped vases can still be used for flowers or turned upside down to make toad homes.

CURRENT PRICES

Wedgwood pottery compote, Black Jasper, white neoclassical scenes, acanthus foot, marked, 7 inches, \$90.

Toy, Fred Flintstone's Bedrock Band, Fred Flintstone drummer, Dino the Dinosaur pictured on drum, metal, plastic, cloth, battery-operated, box, Alps, Japan, 8 inches, \$480.

Box, leather, tan, round, embossed thistle on flattened lid, Roycroft, c. 1915, 2 x 5 inches, \$2,200.

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Try These Zesty Lemon Bars

Makes 32 bars

For the crust:

- 2 cups all-purpose flour
- 1 cup butter
- 1/2 cup powdered sugar
- Pinch of salt

For the filling:

- 4 eggs, beaten
- 2 cups granulated sugar
- 4 tablespoons flour
- 6 tablespoons freshly squeezed lemon juice
- 1 tablespoon grated lemon zest
- Powdered sugar for dusting

Preheat the oven to 350 F and grease a 9-by-13-inch baking pan. To make the crust, mix together the flour, butter, sugar and salt. Pat the mixture down evenly into the baking pan with your hands. Bake for 20 minutes until lightly browned.

To make the filling, while the crust layer is baking, beat together the eggs, sugar, flour, lemon juice and lemon zest. Pour over baked crust.

Bake for 20-25 minutes, or until the filling is set. Let cool on a rack to room temperature.

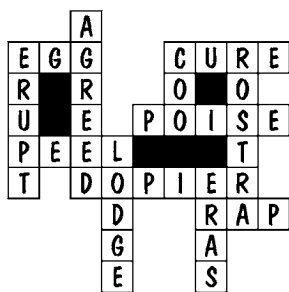
With a sieve, dust with the powdered sugar. Cut into bars.



JOSEPH MYATT (cont)

- Because the stalks of the rhubarb plant are very sour, they were not considered food. But then sugar, which had previously been rare and expensive, became affordable due to the expansion of the British empire.
- When Joseph Myatt discovered that rhubarb stalks, when minced and stewed with sugar, made an excellent pie, he was ridiculed for being the person who invented “laxative pie.”
- Myatt persisted. He heard about a gardener who accidentally discovered that if the rhubarb plant was completely covered with manure and kept in darkness, the resulting rhubarb stalks would be much sweeter. Myatt worked to improve rhubarb, eventually coming up with a much sweeter strain.
- When he sent his sons to market with bundles of rhubarb stalk, they failed to sell well until he had the marketing idea of including a recipe with every bundle sold. Sales took off.
- Now Myatt moved to a larger farm, and began specializing in growing strawberries. Strawberries grew wild and had never been deliberately cultivated. Myatt changed that. He worked to make them large, sweet, and prolific enough to warrant commercial production. This endeavor was extremely successful, and he won a medal for his work in 1832. Myatt began selling strawberry plants to other gardeners, and the strawberry-rhubarb pie was born.
- By 1861, the business called Joseph Myatt & Sons owned 120 acres and employed 37 men, 12 women, and 10 boys.
- As railroads expanded, it became easier and easier to ship produce to market. A winemaker in Somerset, England began ordering huge shipments of rhubarb to make wine.

ANSWERS



SCRAMBLERS
solution
1. Permit 2. Alter;
3. Escape; 4. Almost
Today's Word
SMART

King Crossword



Weekly SUDOKU

Answer

8	6	9	1	4	2	7	3	5
3	5	1	9	7	8	4	2	6
4	7	2	3	6	5	1	9	8
2	1	4	7	8	6	3	5	9
6	9	3	5	2	1	8	7	4
7	8	5	4	3	9	2	6	1
1	3	7	6	5	4	9	8	2
5	4	8	2	9	3	6	1	7
9	2	6	8	1	7	5	4	3

Go Figure!

answers

4	x	6	-	9	15
-		+		-	
2	x	6	+	3	15
x		+		x	
8	x	1	+	5	13
16		13		30	



1. “Desperate Housewives.”
2. The Nile River.
3. Dreamt.
4. Sitka.
5. More than 40.
6. Insects.
7. Francium, because it has 49 more neutrons than protons.
8. Sesame seeds.
9. New Orleans.
10. Four.

TRIVIA NEWSFRONT ANSWERS

1. Hot dogs, followed by hard candy, grapes, nuts
2. Fish, followed by dairy and chicken
3. Norovirus, followed by salmonella
4. Pathogens
5. One-sixth, or 17%

Quiz BITS ANSWERS

1. Bagel
2. Avocado

FLASHBACK ANSWERS

1. The Grass Roots, in 1966.
2. Mr. Bojangles was a homeless street performer Walker met in jail. Bojangles had taken his name from another street performer born in 1878.
3. “Hazy Shade of Winter.”
4. Cyndi Lauper, in 1984 on her debut album.
5. “Cry To Me,” by Solomon Burke, in 1962.

SPORTS QUIZ

1. Wade Boggs.
2. Bonecrusher.
3. Weeb Ewbank.
4. Sarajevo.
5. 20 seconds.
6. Lanny Wadkins.
7. Sao Paulo, Brazil (the track is officially named Autodromo Jose Carlos Pace).

CryptoQuote

answer

If you really look closely, most overnight successes took a long time.
— Steve Jobs

BIBLE TRIVIA

- 1) New, 2) Spit (spittle), 3) Elisabeth, 4) In submission, 5) Isaiah 7:14, 6) Anath

WORD POWER ANS.
CASHEW